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DoctorDoug.com

MACULAR DEGENERATION CHECK

Here's how to use the graph/grid on the next page:

- Wear your reading glasses, if you normally use them and sit about 14 inches away from the book.
- Focus on the dark dot in the center of the grid.
- While looking at this dot, you still should be aware of the lines of the grid. If you notice any blurred, wavy or missing lines, contact your ophthalmologist

