D O C T O R D O U G

'The secret in the care of the patient is in caring for the patient'

CURRICULUM VITAE DOUGLAS MAYNARD LAKIN, MD

2021

Education:

- Arizona State University, Bachelor of Arts, Honors Program/Department of Philosophy 1983
- The Johns Hopkins University School of Medicine, Medical Degree 1987
- The University of Iowa Hospitals and Clinics, Medical Residency, Department of Internal Medicine 1990

Certification and Licensure:

- State of Arizona, 1990
- Board Certified, Internal Medicine, 1990

Employment:

- Hospital Staff, Scottsdale Healthcare 1990-Present
- Private Practice, Scottsdale Arizona 1990-Present

Honors:

- Phi Beta Kappa 1982
- Outstanding Graduate, College of Liberal Arts, Arizona State University (#1 out of 6,000 graduates), 1983
- Mouer Award at Arizona State University (for outstanding academic achievement and civic contribution) 1983
- Outstanding Alumnus, Barrett Honor's College, ASU, 2003-2004
- Top Doc, Phoenix Magazine, numerous years

Organization Memberships:

- American College of Physicians
- AMA

Research:

Arizona State University:

- Honors thesis defined role of pheromones in the development of species differentiation of two native Arizona Species of fruit flies, *Drosophila arizonensis* and *Drosophila mojavensis*.
  Mentor Theresa Markow, PhD

- The Johns Hopkins University School of Medicine: research on the development and differentiation of prostate cancer in a rat model.
  Mentor John Isaacs, PhD

Private Practice:

F1290-02

- "A randomized, double-blind placebo-controlled multicenter evaluation of the efficacy and safety of two doses of phosphatidylserine (BC-PS) in the treatment of patients with age-associated memory impairment (AAMI)."

F1290-09

- "An open-label, multicenter trial of phosphatidylserine (BC-PS) in patients with age-associated memory impairment."

Glaxo Pr. S3A T28
- "A randomized, double-blind evaluation of the efficacy and safety of ondansetron and placebo in the outpatient treatment of patients with age-associated memory impairment."

Glaxo Pr. S3A 258
- "A randomized, double-blind evaluation of the efficacy and safety of two doses of ondansetron and placebo in the outpatient treatment of patients with age-associated memory impairment."

The Keys
- "8 Principals For Achieving Better Health"
  by Douglas M Lakin, M.D."

The Diet
- "A Pocket Guide for Managing Medical Symptoms" by Douglas M Lakin, M.D. & Debra Landau-West, MS, RD"

The Guide
- "The Guide – A Pocket Guide For Managing Medical Symptoms" by Douglas M. Lakin, M.D."

Thrive 101
- "Health & Wellness for College Students" by Douglas Lakin M.D., Debra Landau-West M.S.,R.D.

Taking Control
- "Advance Care Planning Guide for When You Become Seriously Ill" by Linda Stehling, MD, Douglas Lakin, MD.

The Barrett Guide
- "Health & Wellness for ASU College Students" by Douglas Lakin, MD, Debra Landau-West, M.S.,R.D., Caroline Abboud

The New Guide
- "A Pocket Guide for Managing Medical Symptoms", by Douglas M Lakin MD & Debra Landau-West, M.S., R.D.

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